



REACH...

Respect parent roles and their diversity

Engagement, not just involvement

All families want their children to be successful so **Ask** what they need

Curriculum of the home

Help at home with knowledge and skills

Strategy Name: Basic Parenting

Summary of Strategy: Basic Parenting is a comprehensive parent education program that focuses on 80 principles and skills that form the foundation for effective parenting. Additional program components, called PLUS modules, extend the eighty principles to additional issues related to parenting. The program is based on the National Extension Parent Education Model and is designed for parents who are experiencing adversity in childrearing. Materials for parents are written at about the sixth-grade level but are suitable for audiences at higher reading levels.

REACH Link: [Curriculum of the Home](#)

Scientifically Based Research Level: Level 3 – Promising Studies

Website Links: <http://www.ksu.edu/wparent/programs/basic/>

Target Audience of Strategy: Parents of children from birth through adolescence

Training and Follow-up Support for Implementation: Although not a requirement for conducting Basic Parenting programs, leader training can be a valuable experience for both novice and experienced parent educators. Leader training can increase the likelihood of using the program effectively. In addition, the opportunity to work together in a small group with other potential program leaders can help establish a long-term support network for collaboration. Each leader workshop is limited to sixteen participants and is led by Dr. Charles A. Smith, the creator of the program. Each participant (or a team of two from the same community) should bring the full *Basic Parenting* Program package with them. The cost of the materials is \$80.00 and includes shipping.

Role of the Educator in Implementation: Educators can reinforce concepts when working with families, serve as leaders, and/or assist with recruitment and promotion of the program.